



COMOX VALLEY GROWERS & SEED SAVERS SOCIETY

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Notice of the Annual General Meeting of the Comox Valley Growers & Seed Savers Society

All CVGSS members are invited to attend. Refreshments will be served.

Date: Wednesday June 17, 2009

Time: 7 – 9 pm

Where: Florence Filberg Centre, 411 Anderton Avenue, Courtenay
Upstairs Hall, Stage half of the room

Speaker: **"Seeds & Community & Empowering People"**



Frank Moreland

Partner, Edible Strategies Enterprises Ltd.

Project Manager, Vancouver Island Heritage Foodservice Co-op

The AGM meeting will feature keynote speaker Frank Moreland, of Edible Strategies Enterprises, a small consulting group working with partners to develop approaches to re-localize the food system. Currently Edible Strategies is working on several projects as part of the Islands Good Food Initiative.

"We grow less than 3% of the food we eat on Vancouver Island," says Frank. "The problem of food security affects every person on Vancouver Island, rich or poor! The Island Good Food Initiative I am part of is contributing to a "sustainable" Vancouver Island(s) food system. The Initiative has been championed by a group of Vancouver Island community organizations, farmers, food processors and Island owned food businesses to build physical infrastructure that benefits people on Vancouver Island."

The Powerpoint presentation's theme is seeds; the comprehensive communities of people that save seeds; and the people that empower themselves and their communities to create sustainable food systems.

Along with his partner Sandra Mark, Frank has worked and volunteered in food-related community economic development initiatives since 1998. Both are passionate about providing communities with the necessary tools to become economically viable from a values based framework. A triple bottom line includes social and ecological returns on efforts intended to have social justice.

Frank collaborated with a team to develop the Vancouver Island Heritage Foodservice Co-operative, launched in 2008 to rebuild local food infrastructure on Vancouver Island(s). He was guest editor and has co-written articles in "Growing Hope, a Canadian community economic development trade magazine called "Making Waves", and co-wrote Part 3: Food Social Enterprises, for the 2005 Vancouver Food System Assessment.

Frank has been a Board member with CVGSS for three years, the past two as Chair.

We welcome candidates from our membership to be nominated for the role of Director, ahead of the AGM, or during the nomination period at the AGM. The nomination package is posted on the CVGSS website www.cvseeds.bc.ca or you may contact CVGSS Administrator, Susan Armstrong at seed.savers@cvseeds.bc.ca for more information.